



PAC-10 NEWS

1350 Treat Blvd., Suite 500 • Walnut Creek, California 94597
Telephone (925) 932-4411 • Fax (925) 932-4601 • <http://www.pac-10.org>

For Immediate Release: Thursday, February 19, 2009
Contact: Regina Verlengiere

PACIFIC-10 CONFERENCE DIVING CHAMPIONSHIPS

GENERAL INFORMATION

WHAT: Pacific-10 Conference Men's and Women's Diving Championships.

WHERE: Weyerhaeuser King County Aquatics Center, Federal Way, Wash.

WHEN: Wednesday, Feb. 25 - Saturday, Feb. 28, 2009.

WHO: Teams from ARIZONA, ARIZONA STATE, CALIFORNIA, STANFORD and USC will compete for the 2009 Pac-10 Men's Diving Championship, while teams from ARIZONA, ARIZONA STATE, CALIFORNIA, STANFORD, UCLA and USC will compete for the 2009 Pac-10 Women's Diving Championship.

TICKETS: Admission to the 2009 Pacific-10 Conference Diving Championship is free on Wednesday, Feb. 25. An all session pass can be purchased for \$25 for an adult or \$15 for a student with ID/senior. One day passes can also be bought for \$10 for adults and \$6 for students with ID/seniors.

MEDIA CONTACT: The University of Washington sports information office will handle publicity for the 2009 Diving Championships. Rosie Leutzinger, Washington's swimming contact, can be reached at (206) 685-3119.

MEET RESULTS: At the conclusion of the event, results will posted on the Pac-10 web site (www.pac-10.org), as well as on Washington's web site (www.gohuskies.com). Please contact Regina Verlengiere at the Pacific-10 Conference office for more information.

CHAMPIONSHIP SCHEDULE OF EVENTS

DATE	TIME	EVENT
Wed., Feb. 25	3:30 p.m.	Men's 1 Meter Preliminary
	6 p.m.	Men's 1 Meter Finals
Thur., Feb. 26	11 a.m.	Women's 1 Meter Preliminary
		Men's 3 Meter Preliminary
		Men's 3 Meter Finals
Fri., Feb. 27	6 p.m.	Women's 1 Meter Finals
	11 a.m.	Women's 3 Meter Preliminary
		Men's Platform Preliminary
Sat., Feb. 28	6 p.m.	Men's Platform Finals
		Women's 3 Meter Finals
	11 a.m.	Women's Platform Preliminary
	6 p.m.	Women's Platform Finals

NCAA CHAMPIONSHIP INFORMATION

The 28th Annual NCAA Women's Swimming and Diving Championships will take place Thurs., Mar. 19 through Sat., Mar. 21 at the Student Recreation Center Natatorium in College Station, Texas.

The 87th Annual NCAA Men's Swimming and Diving Championships will take place Thurs., Mar. 26 through Sat., Mar. 28 at the Student Recreation Center Natatorium in College Station, Texas.

LAST YEAR IN PAC-10 MEN'S DIVING

Last year in men's diving, Arizona State's **Micky Benedetti**, the reigning two-time Pac-10 Diver of the Year, swept the diving competitions at the Pac-10 Championships in Federal Way, Wash. Benedetti became only the eighth diver to win all three events at the Championships since the platform was added in 1988. The six-time Pac-10 Diver of the Month went on to win the 3-meter and platform titles at the NCAA Zone-E Championships.

Arizona freshman **Ben Grado** earned the 2008 Pac-10 Diving Newcomer of the Year honors after turning in an impressive rookie season. The Conifer, Calif., native finished in the top 5 in all three events at his first Pac-10 Championships. Grado's score of 358.85 on the 1-meter earned him second place in the event. He also placed third on the 3-meter and fifth on the platform.

In his 11th year at Arizona State, **Mark Bradshaw** helped guide the Sun Devil swimming & diving team to a fourth-place finish at the Pac-10 Championships and an 18th-place finish at the NCAA Championships. Bradshaw, who has earned two NCAA Diving Coach of the Year awards, has been named the Pac-10 Men's Diving Coach of the Year the past six seasons.

2008 MEN'S PAC-10 DIVING CHAMPIONSHIP RESULTS

One-Meter Diving

1.	Micky Benedetti, ASU	366.20
2.	Ben Grado, ARIZ	358.85
3.	Nathan Kim, STAN	356.65
4.	Matt Bisordi, ARIZ	339.15
5.	Brent Eichenseer, STAN	308.35
6.	Tom Henninger, CAL	307.45

Three-Meter Diving

1.	Micky Benedetti, ASU	398.85
2.	Brent Eichenseer, STAN	365.85
3.	Ben Grado, ARIZ	353.15
4.	Nathan Kim, STAN	335.85
5.	Matt Bisordi, ARIZ	330.15
6.	Billy Sweeney, ASU	326.10

Platform Diving

1.	Micky Benedetti, ASU	434.70
2.	Steven Starks, USC	346.10
3.	Brent Eichenseer, STAN	344.75
4.	Nathan Kim, STAN	344.00
5.	Ben Grado, ARIZ	337.20
6.	Derek Roth, USC	310.60

2008 WOMEN'S PAC-10 DIVING CHAMPIONSHIP RESULTS

One-Meter Diving

1.	Sarah Ohr, STAN	302.05
2.	Meg Hostage, STAN	289.25
3.	Christine Petrilli, USC	271.85
4.	Brittany Jumer, ASU	261.65
5.	Shana Karp, STAN	260.90
6.	Kim Popp, USC	259.50

Three-Meter Diving

1.	Meg Hostage, STAN	300.90
2.	Erin Hobbs, ASU	296.30
3.	Carmen Stellar, STAN	295.30
4.	Hallie Ivester, STAN	295.00
5.	Sarah Ohr, STAN	285.80
6.	Brittany Jumer, ASU	283.20

Platform Diving

1.	Carly Smith, ARIZ	284.20
2.	Shana Karp, STAN	264.80
3.	Christine Petrilli, USC	259.50
4.	Katie Lampe, STAN	258.45
5.	Brittany Jumer, ASU	255.30
6.	Morgan Erpenbeck, UCLA	253.35

LAST YEAR IN PAC-10 WOMEN'S DIVING

Stanford freshman **Meg Hostage** took home both Diver and New-comer of the Year honors. The Potomac, Md., native was dominate during her first year of collegiate competition. At the Pac-10 Championships, Hostage was named Pac-10 Diver of the Meet after taking the 3-meter title and finishing second on the 1-meter. Her success continued at the NCAA Zone E Championships, qualifying her for the NCAA Championships. Hostage placed first on the 1-meter at the Zone E meet with a score of 577.05 on the first day of the event. She went on to finish third on the 3-meter. At the NCAA Championships, Hostage was the runner-up on the platform with a score of 347.20. She also finished 13th on the 1-meter with a score of 283.30.

The Pac-10 Women's Diving Coach of the Year was awarded to **Rick Schavone** of Stanford. In 30 years, Schavone has led the Cardinal to a combined 37 men's and women's Pac-10 diving titles. With Hostage being the latest addition, Schavone has had at least one All-American on the women's side for 14 straight seasons and 26 of his the last 27 years. The Women's Diving Coach of the Year award is Schavone's sixth time receiving the honor and he also garnered the Pac-10 Men's Diving Coach of the Year award during the 1994-95 campaign. The Cardinal finished the year with a third-place finish at the NCAA Championships, while taking the top spot in the Conference.

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